



Newfound Pathway Team Newsletter

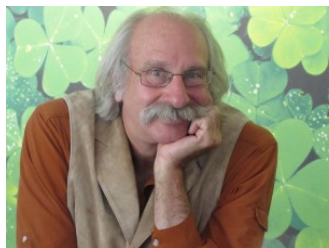
June 2012
Early Summer Update

Newfound Pathway Mission: To create a system of biking and walking pathways around Newfound Lake to encourage walking and cycling as a safe, healthy, and environmentally sound means of recreation and travel.

Walking Audit of Hebron & Bridgewater

The Newfound Pathway Team was awarded a grant from Healthy New Hampshire to bring Dan Burden, an internationally recognized authority on livable and sustainable communities, healthy streets, traffic calming, and bicycle and pedestrian programs, to the Newfound Lake region to help our towns become more livable.

Dan Burden is the Director of the Walkable and Livable Communities Institute, and while in Hebron and Bridgewater, he will facilitate an active living workshop that engages communities in making our roads and neighborhoods more walkable, livable,



healthy and sustainable. The goal of the workshop is to encourage dialogue amongst residents & town officials; illustrate through examples and audits how walkability and livability benefit a community and how they can be achieved; and inspire each participant to become involved in the movement towards active living. The workshop will take place over two days and will include an educational presentation, a partnership-building exercise, a walking audit, and a visioning session. The objectives are to help participants recognize how planning and design influence community-building; give participants an expanded toolkit to draw from to build healthier neighborhoods; and help participants understand how transportation and land-use patterns work together. During the walking audit, the team will assess specific areas to identify conditions that affect active living, connectivity and access to daily needs. Learn more about the Walkable and Livable Communities Institute here: www.walklive.org.

Dan's walking audit and community meetings will happen on August 30 and 31, 2012. Stay tuned for the exact schedule! If you would like to help organize his visit including what areas of town Dan focuses on, please email or call us at: info@newfoundpathway.org or 744-1048.

First Official Bicycle & Pedestrian Count

In spring of 2012, the Newfound Pathway team began participating in The National Documentation Project (NBPD), an annual nation-wide bicycle and pedestrian count effort. We will use the count data to look for trends over time in non-motorized travel around Newfound Lake, applying for grants, and in our communications with officials and residents around the lake.

Our first counting took place on May 17th and 19th. A total of 191 pedestrians and cyclists were counted at 6 locations around the lake. At each site



volunteers counted anywhere from 2-8 hours over the 2 days. The intersection of West Shore Road and Shore Road in Bristol, near the beginning of the Bristol path, had by far the most traffic (93 pedestrians and cyclists in 8 hours). The results revealed what we expected: where there is a connecting bike path or wide road shoulder (as there is along Route 3A in Bridgewater), people are out using the safe roadway; but where there isn't a comfortable, safe place on the road, people aren't riding or walking very much. Locations along Route 3A in Hebron, where the speed limit is 50 mph and there is little or no road shoulder, had little non-motorized traffic (16 people in 8 hours at the intersection of Route 3A and North Shore Rd.)

Our next counts will take place on July 5th, September 13th and 15th. We need counters! Email us at info@newfoundpathway.org to volunteer.

Newfound Pathway Team helped sponsor Bicycle Safety Rodeo



The Newfound Pathway Team joined with Tapply Thompson on June 27 to host a bicycle safety rodeo for the camp children. Despite overcast skies, the children brought their bikes to camp that day, and a wonderful crew of volunteers organized various 'stations' where the children could practice their bike skills. They learned appropriate hand

signals, following the rules of the road, properly adjusting their bike helmets and more. Thanks to several of the committee, we were even able to give out two free bicycles to two lucky children! The Hebron Police Department made it possible to give out many helmets for damaged ones or children without any helmet. The Bristol Police Department gave a safety talk. Huge thanks to everyone who helped out, including Carol LaFontaine, Chair of Committee, Roger LaFontaine, Nancy Dineen, daughter Stephanie and granddaughter, Maggie, Jan Connor, Audrey Hagerman, Mary Ann and Terry O'Brien, Jan and Ron Collins, Tyler and Bret Durham, Dan McLean, Tapply Thompson, Bob and Janet Wisniewski were our experts on the bikes and repaired and adjusted helmets for approximately 40 children.



First Section of Newfound Pathway to Begin in July - Come Help!

The Newfound Pathway is happy to announce that they will be hosting a Student Conservation Assistance (SCA) high school trail crew at Paradise Point from July 30-August 12. This 8 person crew, made up of 6 high school students with 2 crew leaders, will begin building the first section of the

Newfound Pathway through Paradise Point! The trail will begin at Audubon's parking lot and work up the hill to connect with North Shore Road at the height of land. This trail will allow people to get away from the road, as well as traverse that steep uphill section at a gentler grade. The Newfound Pathway is grateful to NH Audubon for granting permission for the trail to cross their property. "This partnership is a wonderful model to showcase what the Newfound Pathway will look like," says Jan Collins, President of the Newfound Pathway.

The high school students hail from Manchester, NH. They will be working for the Student Conservation Assistance Program. This national conservation organization places hundreds of volunteers on trail building and other conservation projects across the United States each year. The Newfound Pathway was able to secure one of the crews through our collaboration with the National Park Service's Rivers & Trails Program. It will be a great boost to begin building the first section of the pathway.

The crew would welcome local volunteers to work with them while they are in Hebron. Volunteers can join them for a couple of hours or more. For more information about helping the crew, please call Jan Collins at 603 744-1048.



Pathway Team Happenings Come support the Newfound Pathway at these times:

- 6/25: Mark Fenton presenting at LRPC Meeting - Done
- 6/27: Bicycle Safety Rodeo at Tapply Thompson - Done
- 6/30: Hebron Special Town Meeting
- 7/5 & 6: Second Bicycle/Pedestrian Count
- 7/30: Hebron Fair
- 7/30-8/12: SCA Trail Crew at Paradise Point
- 8/30 & 31: Dan Burden's visit and meetings
- 9/12 & 15: Third Bicycle/Pedestrian Count
- 9/15: Pathway Team's Bicycle Ride around the route

Please join the Newfound Pathway Team advocating for the health of our community by building a safe pathway for all to enjoy the natural beauty of Newfound Lake. **Questions or comments? Want to volunteer?**

- Reply to this email
- Go to our website: newfoundpathway.org
- Email: Chair@NewfoundPathway.org
- Write to Newfound Lake Pathway, 162 South Mayhew Turnpike, Hebron, NH 03241
- Call 603-744-1048 • Fax 603-369-6501